

MAY CROSSFIT SCHEDULE

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 5:30 am 6:30 am 8:00 am 9:00 am 12:00 pm 4:00 pm 5:00 pm 5:45 pm	2 5:30 am 6:30 am 8:00 am 9:00 am 12:00 pm 4:00 pm 5:00 pm 5:45 pm	3 5:30 am 6:30 am 8:00 am 9:00 am 12:00 pm 4:00 pm 5:00 pm 5:45 pm	4 5:30 am 6:30 am 8:00 am 9:00 am 12:00 pm 4:00 pm 5:00 pm 5:45 pm	5 8:00 am 9:00 am Weekend Warrior 9:30 am Intro Class 10:00 am
6 9:00 am 5:00 pm	7 5:30 am 6:30 am 8:00 am 9:00 am 12:00 pm 4:00 pm 5:00 pm 5:45 pm	8 5:30 am 6:30 am 8:00 am 9:00 am 12:00 pm 4:00 pm 5:00 pm 5:45 pm	9 5:30 am 6:30 am 8:00 am 9:00 am 12:00 pm 4:00 pm 5:00 pm 5:45 pm	10 5:30 am 6:30 am 8:00 am 9:00 am 12:00 pm 4:00 pm 5:00 pm 5:45 pm	11 5:30 am 6:30 am 8:00 am 9:00 am 12:00 pm 4:00 pm 5:00 pm 5:45 pm	12 8:00 am 9:00 am Weekend Warrior 9:30 am Intro Class 10:00 am
13 9:00 am 5:00 pm	14 5:30 am 6:30 am 8:00 am 9:00 am 12:00 pm 4:00 pm 5:00 pm 5:45 pm	15 5:30 am 6:30 am 8:00 am 9:00 am 12:00 pm 4:00 pm 5:00 pm 5:45 pm	16 5:30 am 6:30 am 8:00 am 9:00 am 12:00 pm 4:00 pm 5:00 pm 5:45 pm	17 5:30 am 6:30 am 8:00 am 9:00 am 12:00 pm 4:00 pm 5:00 pm 5:45 pm	18 5:30 am 6:30 am 8:00 am 9:00 am 12:00 pm 4:00 pm 5:00 pm 5:45 pm	19 8:00 am 9:00 am Weekend Warrior 9:30 am Intro Class 10:00 am
20 9:00 am (CANCELLED – no 5:00pm class)	21 5:30 am 6:30 am 8:00 am 9:00 am 12:00 pm 4:00 pm 5:00 pm 5:45 pm	22 5:30 am 6:30 am 8:00 am 9:00 am 12:00 pm 4:00 pm 5:00 pm 5:45 pm	23 5:30 am 6:30 am 8:00 am 9:00 am 12:00 pm 4:00 pm 5:00 pm 5:45 pm	24 5:30 am 6:30 am 8:00 am 9:00 am 12:00 pm 4:00 pm 5:00 pm 5:45 pm	25 5:30 am 6:30 am 8:00 am 9:00 am 12:00 pm 4:00 pm 5:00 pm 5:45 pm	26 8:00 am 9:00 am Weekend Warrior 9:30 am Intro Class 10:00 am
27 9:00 am 5:00 pm	28 CLOSED Memorial Day	29 5:30 am 6:30 am 8:00 am 9:00 am 12:00 pm 4:00 pm 5:00 pm 5:45 pm	30 5:30 am 6:30 am 8:00 am 9:00 am 12:00 pm 4:00 pm 5:00 pm 5:45 pm	31 5:30 am 6:30 am 8:00 am 9:00 am 12:00 pm 4:00 pm 5:00 pm 5:45 pm		